

## **N95 MASK USAGE AND FIT CHECK PROCEDURE FOR USE WITH H1N1 INFLUENZA OR SUSPECTED H1N1 INFLUENZA PATIENTS**

### **MASK SELECTION AND INSTRUCTIONS FOR PUTTING THE MASK ON**

- Choose the N95 mask to which you have previously been fitted. If you have not been previously fitted choose either the 3M 1870 or the Kimberly Clark PFR95.  
If N95 masks are unavailable, use a snug fitting isolation/procedure mask.
- Place mask over your nose, mouth and chin ensuring that the bottom flap is pulled out completely.
- Secure the lower elastic strap at the top of your neck and the upper elastic strap above your ears.
- Place fingertips of both hands on each side of the metal nosepiece. Beginning at the bridge of the nose, work your way down the cheeks molding the flexible nose piece to create a snug fit.

### **N95 MASK FIT CHECK PROCEDURE**

- Place your hands over the outside of the mask.
- Forcefully inhale and exhale several times. The mask should collapse and expand.
- If the mask does not collapse and expand, or if air leaks out between your face and the mask, then this is not a good facial fit. Adjust until a snug fit is obtained or choose another mask that fits properly.

### **REMOVING THE MASK**

- First, remove gloves. Perform hand hygiene.
- Do not touch the front of the mask. It is considered to be contaminated.
- Remove the mask by handling the straps.
- Place the mask immediately into a waste container.
- Perform hand hygiene.